



CROSS COUNTRY SKIING

Join us After School and enjoy some outdoor adventures!

Students will learn cross country skiing techniques through a variety of games and exercises. Snack and equipment will be provided. Students **MUST** wear appropriate outdoor clothing including warm, water-proof coat, snow pants, hat, mittens or gloves, neck warmer and warm socks. Begins January 2025, check back for more info this fall at fraservalleyrec.org.

FRASER VALLEY SPORTS COMPLEX